

# 10 tips for travel security

Travel can be an exciting and culturally enriching part of a job. However, travel to unknown areas can introduce associated personal security risks. The following tips, while not all-inclusive, may help reduce travel-related security risks.



## 1. Research your destination

Talk with your host, visit the Global Intelligence Center by UnitedHealthcare Global.



## 2. Communication

Determine if you will have mobile device service at your destination in advance.



## 3. Tell a friend

Share your itinerary with a family member or a friend.



## 4. Bring important contacts

Make sure you have contact information for your family, hotel and government.



## 5. Carry copies of documents

Bring copies of your passport and visa. Pack them separately from the originals.



## 6. Scrub your data

Travel with only the data you need. Clean your system of sensitive information not required for travel.



## 7. Verify transportation

Use trusted modes of ground transportation.



## 8. Plan your return to hotel

Have a copy of your hotel address and in the local language as applicable.



## 9. Carry a light wallet

Carry the minimum amount of cash in the local currency and credit cards possible when going out.



## 10. Try to blend in

Maintain low profile dress and mannerisms. Leave valuables at home. Avoid luggage tags with company name/logos.



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This document is intended as general information and some recommendations may not be appropriate for all situations. It is strongly recommended that you contact the proper department within your organization for specific policies, procedures, and/or advice. This list is not complete, and is intended as information for travelers, not as advice.

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